

**SAFE SNACK LIST**  
**(Nut-Free Snacks)**

Potato/Misc. Chips

Pringles, Giant Eagle (plain), Lays (plain), Fritos, Tostitos brand tortilla chips, Microwave popcorn (plain butter)

Pretzels

Rold Gold, Bachman, Combos (cheddar cheese only)

Dairy Products/Gelatins

Jell-O, Jell-O Oreo pudding, Gogurt, Trix Yogurt (avoid yogurts with granola or other toppings), Drinkable Yogurts

Fruits/Veggies

Grapes, apples, oranges, strawberries, raisins (avoid dried fruit mixes – many contain nuts), carrot/celery sticks, cucumber slices, broccoli, cauliflower

Cookies/Crackers

Ritz Crackers (plain), Cheez-Its, Oreos (plain variety), Teddy Grahams, Teddy Graham Sandwiches, Barnum Animal Crackers, Pop Tarts, Rice Krispy Treats (plain), Nabisco Vanilla Wafers, Graham Crackers (plain or cinnamon), Pepperidge Farm plain cheddar gold fish

Doughnuts

Krispy Kreme Donuts

Frozen Treats

Popsicles (those made from fruit juices or plain – no ice cream versions)  
Rita's Italian Ices (Cranberry Store only)

Pizza

Pizza Hut or Vocelli

Candy

Smarties, Starburst, Swedish Fish, Tootsie Rolls, Skittles, bubble gum, lollipops, Sweet-Tarts, Air Heads, Lifesavers, Hershey Kisses (plain), mini marshmallows

Fruit Snacks

Fruit Gushers, Fruit by the Foot, Fruit Roll-Ups  
**(Fruit snacks manufactured by Brach's such as Barbie, Hot Wheels, etc., are not safe for allergic children.)**